

the Bay



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Celebrate Good to Be Green Months at The Bay!

March and April are **Good to Be Green** months at The Bay -- celebrating all things **GREEN**. Attend an event, spread the word, and enhance your own green practices! Learn about what's happening at this blue-and-green oasis to conserve, preserve, restore, and improve the environment in and around the park.

Here's just a sampling of what's in store. Click on each event below or go to TheBaySarasota.org/Calendar for more.

Saturday, March 1

Dive Into Bay Fest

Presented by **Sarasota County** and **Sarasota Bay Estuary Program**
(11:00am-2:00pm)

Celebrate the wonders of the local waters at this extraordinary family-friendly event filled with discovery and endless fun!

- Engage with experts and exhibits to learn about local vibrant marine life and conservation efforts.
- Hop aboard a kayak and explore the Mangrove Bayou.
- Enjoy live music and grab some grub from The Nest Café and food trucks.

Saturday, March 8

Join Mr. Stevey & Friends Bloom and Blossom

Presented by **Sarasota Performing Arts Foundation**
(11:00am-12:30pm)

Thrive and engage in art activities, music making, and a read-aloud featuring a mindful moment surrounded by nature in the blue and green oasis of The Bay! (Note: This event is geared towards pre-school and elementary-aged children.)

Get Green & Get Groovy Weekend

Get into the spirit of the 60's by enjoying a weekend of feel-good clean (and green!) fun.

Thursday, March 13

- **Cinema: "Yesterday"** (7:00-9:00pm)
Imagine a world without The Beatles.

Saturday, March 15

- **Get Bookin' Bootcamp Fitness** (8:00-8:45am)
- **Float Your Boat Guided Kayak Tour** (8:30-10:00am)
- **Mellow Mindful Yoga** (9:00-10:00am)
- **Zowie Zumba for All** (10:30-11:30am)

Shred Stock* (9:00am-12:00pm)

The **City Central Records Team** will be in the Van Wezel Parking Lot with their massive Shredding Truck to help shred those boxes of papers that have cluttered your home (and life!) for way too long!

(*with proof of City residency)

Saturday, April 26

Celebrate Earth Day at The Bay

(11:00am-1:00pm)

Suncoast Remake Learning Days

Enjoy hands-on, family-friendly FREE activities that honor the wonders of nature, art, and science! Engage your senses with exciting, interactive experiences for kids of all ages.

Experiences provided by: Architecture Sarasota, Art Center Sarasota, Chinese Academy Sarasota, Sarasota Butterfly Club, Sidewalk Science, Sister Cities, Southface Institute, Stocking Savvy, Suncoast Waterkeeper, WEDU, and World Tai Chi practitioners.

City of Sarasota Earth Day Celebration Tabling Event

Engage and enjoy interactive experiences focused on making a difference on the environment. Good for the planet. Good for everyone.

Plus! Enjoy FREE Yoga, Mat Pilates & Tai Chi,, Guided Architecture & Kayak Tours, Fitness & Dance Classes, Plein Air Painting, and more!



Go to TheBaySarasota.Org/Calendar to learn more about all of the FREE events at The Bay and to sign up for the weekly newsletter!

Tag, like, and share on Social!
[@TheBaySarasota](https://www.instagram.com/TheBaySarasota) [#TheBaySarasota](https://www.facebook.com/TheBaySarasota)

Saturday, March 22

Immerse Yourself in World Water Day

Protecting Our Waters Walk & Learn (10:30-11:30am)

Join UF/IFAS Water Resources Agent Michael D'Imperio for an informative stroll highlighting park features that improve water quality.

Water Safety for All (11:30am-12:30pm)

Southwest FL YMCA shares "must know" tips to keep you safe and having fun in and around Sarasota's favorite playground, the water.

Saturday, April 5

Enjoy Planet-Loving Astronomy at The Bay

(8:00-10:00pm)

Join Suncoast Stargazers and Sidewalk Science for an "out of this world" experience! View Mars, Jupiter, an optimum first quarter moon and more through a variety of telescopes.

Friday, April 25

Be a Tree Hugger at The Bay on Arbor Day

Put Park Plants in Pots (9:00-10:00am)

Help The Bay team re-plant seedlings in pots so they grow for future use in other parts of the park. (In fact, you may get to take one home!)

Take Home a FREE Canopy Tree* (9:00am-4:00pm)

Receive one FREE canopy tree thanks to the City's tree giveaway program (*while supplies last, with proof of City residency).

Learn from an Arborist (11:30am-12:30pm)

Join a lunchtime discussion about trees, landscaping and more with local Arborists. Bring your questions to make the most out of this informative session.

Wednesday, April 30

Soak in the Beauty of a Forest Bathing Meditation at Sunset

(6:30-7:30pm)

De-stress by engaging all of your senses to reconnect with nature on this mindful evening walk around the park facilitated by UF/IFAS Environmental Education & Outreach Agent Zahir Ringgold.

Learn More About Environmental Efforts at The Bay

- [Environmental Improvements at The Bay](#)
- [The Bay | Building a Resilient Sarasota Park Presentation](#)
- [See More: Sustainability & Environmental Information](#)

Take In "Green" Music & Movies



Sundays at The Bay Concerts | Sundays

- Feb 23 (4:30-5:30pm): Clover's Revenge Irish, irreverent and pub-ifying fun!
- Mar 2 (4:30-5:30pm): The Garbage Men Band Plays green instruments made from garbage and recycled materials.

Cinema at The Bay | Thursdays, 7:00pm

- Feb 27: Through Women's Eyes presents: "Water Trio" Engaging stories about people who live with and work on the water around the world.
- Mar 6: Waking Ned Devine A luck o' the Irish comedy in the spirit of St. Patrick's Day.
- Apr 10: The Martian Shown on the 62nd anniversary of scientists' discovery of "The Air Up There" on Mars.
- Apr 17: Free Solo The true and suspenseful story of rock climber Alex Honnold attempting to climb natural wonder, El Capitan.
- Apr 24: Beetlejuice Tim Burton's "OG" gothic, creepy comedy classic featuring wild GREEN hair!

Family Movie Night | Monthly, Fridays, 7:00pm

- Mar 14: Kung Fu Panda 4 The latest adventure of Po and friends -- celebrating the importance of protecting endangered species.
- April 25: The Lorax A "true green" animated Dr. Seuss classic about "tree hugger" Ted Wiggins and "tree speaker" the Lorax.

Plus! Head to The Nest Café to buy an official Bay reusable beverage container of your choice (or bring your own!) to minimize container waste in the park.

one park for all



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